

Michelle Obama Lashes Out At President Trump, Says His Presidency's Administration Is Giving Her 'Low-Grade Depression'

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You have to hand it to the Obama's. No, really, you have to hand it to them, or they will take it from you with force! Don't believe me? Ask Lois Lerner and Obama's henchmen at the IRS ... wink, wink, nudge, nudge.

All joking aside, it is hard for me to feel badly, or even take seriously, the woman who had the audacity to refer to herself as America's "forever First Lady."

Factor that in with her statement from back in '08 when her husband had just won the Democratic Primary that "For the first time in my adult life, I am really proud of my country ..."

To placate the fact checkers, here is the context, as provided by Newsweek: Before the Wisconsin primary in mid-February, Michelle Obama made a remark that Republicans will use to hammer her husband should he win the Democratic nomination.

"For the first time in my adult life, I am really proud of my country because it feels like hope is finally making a comeback," she said.

Almost immediately, Cindy McCain told reporters, "I have and always will be proud of my country." Both Michelle and her husband tried to explain that what she really meant was that was proud to see so many people turn out to vote.

But a lot of voters did and will wonder: how could someone who graduated from Princeton and Harvard Law School and won a job at a high-paying Chicago law firm—who was in some way a beneficiary of affirmative action—sound so alienated from her country?

The remark may have been just a slip under the relentless pressure of campaigning. But it may also reveal an edge of bitterness that Michelle Obama felt as a Princeton senior, when she was just entering her adult life. In the winter of that year, 1985, she wrote her thesis on the subject of “Princeton-Educated Blacks and the Black Community.”

The thesis is dense with sociological jargon about “dependent variables” and the like, but it also includes some strong personal sentiments.

Though she came from a black working-class neighborhood in Chicago, she writes that

“my experiences at Princeton have made me far more aware of my “blackness” than ever before. I have found that at Princeton no matter how liberal and open-minded some of my White professors and classmates try to be towards me, I sometimes feel like a visitor on campus; as if I really don’t belong. Regardless of the circumstances under which I interact with Whites at Princeton, it often seems as if, to them, I will always be Black first and a student second.”

She further suggests that even if she assimilates into white society after Princeton, she will “remain on the periphery of society: never becoming a full participant.”

I could go on and on as to why I am not a fan of Michelle Obama and her seemingly unlimited sense of entitlement, and lack of humility or gratefulness. However, instead, let’s just look at what she recently said about the Trump Administration on her new podcast

Breitbart explained: Wednesday, on her new [podcast](#) former first lady Michelle Obama, said she is “dealing with some form of low-grade depression,” because of the quarantine, racial strife, and “seeing this administration, watching the hypocrisy of it, day in and day out.”

Obama said,

“I’m waking up in the middle of the night, cause I’m worrying about something, or there’s a heaviness. I try to make sure I get a workout in, although there have been periods throughout this quarantine, where I just have felt too low. You know, I’ve gone through those emotional highs and lows that I think everybody feels, where you just don’t feel yourself, and sometimes there’s been a week or so where I had to surrender to that, and not be so hard on myself. And say, you know what, you’re just not feeling that treadmill right now.”

The notorious former First Lady went on to say,

“It is unusual, and it is, you know, it’s a direct result of just being out of, out of body, out of mind. And spiritually, these are not, they are not fulfilling times, spiritually. You know, um, so I, I know that I am dealing with some form of low-grade depression. Not just because of the quarantine, but because of the racial strife, and just seeing this administration, watching the hypocrisy of it, day in and day out, is dispiriting.”

Later in the podcast, The Mooch was asked how she goes about dealing with the ” depression,”

Obama said,

“My spirit is lifted when I’m feeling healthy when I’m surrounded by good people. I reach out to my family, and to my friends, even in this time of quarantine.

You know, I fought to continue to find a way to stay connected to the people in my life who bring me joy, and my girlfriends, my husband, my kids; it’s the small things. It’s the small rituals.

For me, there is no magic to it, but it is effort because you have to recognize that you’re in a place, a bad place, in order to get out of it. So you kind of have to sit in it for a minute, to know, oh oh, I’m feeling off. So now I gotta, I gotta feed myself with something better.”

Sniffle, sniffle, it’s hard not to feel badly for the lady ...

For more information at:

<https://time.com/5263532/michelle-obama-tells-students-shes-their-forever-first-lady-in-college-speech/>

<https://www.newsweek.com/michelle-obamas-proud-remarks-83559>

https://open.spotify.com/episode/0ASSMnYfKKdTpsyUUPHbli?si=n2U5RtqbQwSjI7o3FKMf_w